

Dear Colleagues,

We are pleased to announce our upcoming online workshop "**Randomized Controlled Trials on Social Prescribing: Lessons Learned**" scheduled for **April 3, 2025, 10:00 - 11:30**.

Social prescribing interventions, as part of a comprehensive model for Personalized Care, have emerged as innovative and cost-effective solutions to help individuals with long-term conditions manage their health and well-being. Link workers connect people to activities, groups, and services within their community to address practical, social, and emotional needs that impact their health and well-being. They also collaborate with local partners to ensure community groups are accessible and sustainable, and they assist in the creation of new groups.

While several European countries have adopted social prescribing to varying degrees, there is a pressing need for robust evidence to demonstrate its effectiveness.

This workshop will provide valuable insights from three notable trials in Sweden, Ireland, and Germany, offering lessons for both research and practice:

- **Prof. Wolfram Herrmann & Niklas Jeske, M.Sc. (Charité – Universitätsmedizin Berlin):** *Social Prescribing for Individuals with Non-Medical Health-Related Social Needs in Primary Care: A Multi-Center Randomized Controlled Pragmatic Feasibility Trial.*
- **Prof. Susan Smith (Trinity College Dublin):** *Primary Care-Based Link Workers Providing Social Prescribing for People with Multimorbidity in Socially Deprived Areas: The LinkMM Trial.*
- **Prof. Ingeborg Nilsson (Umeå University):** *Social Prescribing Targeting Loneliness Among Older Adults Using a Model for Integrated Care: The SPiS Trial.*

Additionally, two experts will share standout lessons from UK-based efforts on social prescribing research and implementation in practice:

- **Prof. Kerry Husk (University of Plymouth)**
- **Prof. Stephanie Tierney (University of Oxford)**

Please [register here](#) by April 1 to receive log-in details.

We look forward to your participation!

Best regards,
Wolfram Herrmann
Hendrik Napierala
Farhad Rezvani